

HEART BEAT

"The Pulse of Your Parish"



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IMMACULATE HEART OF MARY PARISH

May 2016

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LITURGY SCHEDULE

Saturday - 4:00 pm
Sunday - 7:30 am, 9:00 am
Monday—Wednesday - 8:00 am

Don't forget the *FESTIVAL!*

May 27, 28, & 29!



HEARTBEAT DEADLINE

July 25, 2016

We welcome reports of events, news of Parish members, committee reports, humor and inspirational pieces. All articles are subject to editing and must be signed.

Please include a phone number.

(Names withheld upon request.) Bring articles to the Parish Office or email to-
lgaska@wi.rr.com

Heart Beat Staff

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WOMEN'S MINISTRY
(also once known as Christian Mothers, Christian Women, etc.)

We have at last gotten around to honoring a group of ladies who have been active in the ministries of IHM almost from its inception in 1948. However, when checking into the records, there are none until 1964, at which time they were known as The Christian Mothers Society. There are some rather complete records of those who began keeping them, and hope a picture of all their accomplishments can be created to give credit where it is due!

With members Mary Margaret Marshall, along with our Joan Gaska, we are getting together some interesting facts that might be inspiring. They may also be a method of giving honor to those first ladies who began this organization all those years ago, and may not have been recognized for their effort.

The group is a real organization, complete with a Constitution and By-Laws, and meetings were formally conducted. Meetings always began and ended with a prayer, either by the pastor, or the president of the group. However or whoever founded the organization, originally called the Confraternity of Christian Mothers, is not recorded anywhere that can be found in old records, of which there are many! It is interesting to see all the things these women of IHM have done over the years. There are many names you may recognize, and some of these ladies from those earlier years are still with us.

A treasurer' report ledger begins in 1962, but minutes of meetings go back only to 1964. Going through a 1966 meeting, there is a committees list—13 in all-- **each with the name of the "head" lady with her phone number.** Now, committees are made up of people, so there had to be quite a group to take care of: Program, Membership, Sunshine, St. Gerard Retreat and Shrine, Scouts, Family Life, Mission, Legion of Decency, Mission Circle, Legislation, Holy Name Breakfast, and last but not least, Honor Guard and Vigil. Phew! I'm tired already, and more are found as you page through these meetings! Plus, there are so many thanks recorded for things done outside of committees and formalities. **In one instance, "big thanks to Mission Circle women who bought paint and painted the hall, and also cleaned the drapes."**

An indication of how many women actually belonged at any given time comes from meeting minutes in 1966, which states that there were 32 members present. It's interesting to me how the ladies are identified--**"Mrs. Ted Fisher," "Mrs. Phil Melk," "Mrs. William Gorski...."** Gosh, it's as though they could only be known as someone's wife, although I guess that's "the way it was" back then.

For an example of some committee work, the Sunshine Committee took care of sending cards to those ill or hospitalized, bereaved, and families of newly baptized. A special notebook listed all donations, plus expenses for cards and stamps. You may remember Sr. Karel Patin took care of this project in later years.

Over the years, the ladies conducted not only bake sales, but so many other events—just paging through some notes—things like buffet dinners, annual spring raffles, sale of Fun Unlimited Books, hot dog lunches, autumn fairs, dinner dances, Communion Sundays, Mother-Son Breakfasts, Diner's Club, Afternoons of Recollection, Servers' Breakfasts, spaghetti dinners, blood drives, art fairs, spring dinners, Mother-Daughter Breakfasts, doing arts and crafts, spring dances—if I go on, the list may run off the page!

Hoping you will bear with us as we continue to probe the past and give an account of what the Christian Women of IHM have contributed to make the parish grow and flourish to the present time—and, we pray, for some time to come!

Julie Mushall





Seated from left: Vi Gramins and Jean Stackpole
 Standing from left: Pat Fischer and Clementine Slade

Preparations are Underway for a Holiday Fair at Immaculate Heart of Mary Church, 1227 S. 116th St., from noon to 8 p.m., Sunday, Nov. 7. Arranging the items for sale, are, seated, from left, Mrs. Ray Gramins, 1352 S. 115th St., and Mrs. Charles Stackpole, 13755 Tolane St.; and standing, from left, Mrs. Ted Fischer, 914 S. 111th St., and Mrs. Ed Slade, 1160 Webster St. Sale items include gift, holiday decorations, white elephant, parcel post, food and art work. Plate lunches will be served.



From left: Ann Boehm, Clementine Slade and Mary Guadagni

Ann Boehm, 10, of 1119 S. 118th St., gets a heaping portion of spaghetti from Mrs. Edward Slade, 1160 Webster Ave., Brookfield, and Mary Guadagni, 1217 S. 117th St., at the annual spaghetti dinner and art fair at Immaculate Heart of Mary church. Mrs. Slade was chairman of the dinner and Mrs. Guadagni a committee member. (Star Photo)

SUSAN MICHELSON



I recently read about a triple amputee. This amputee was asked if she was mad at God for what happened to her, she responded **with utter surprise, "How could I be mad at God, for he chose me". When I read this** I immediately thought of Susan. Susan is a member of our Tri-Parish Cluster. She is challenged with arthritis in her hands, feet, neck, and spine. She is in constant pain due to the arthritis and the surgeries she has had to correct the effects of the arthritis. These surgeries include bone and joint replacements.

In a small group, Susan once revealed something about herself. (I got her permission to share this with you **and I feel freed from the small group confidentiality. In the small group she did say she didn't want to sound 'holy'.**) **Susan said after receiving Communion she consoles Jesus Christ by meditating on Jesus' physical pain on the Cross. She looks at the Cross and says: "Jesus, I know you are in a lot of pain on the cross. I am in a lot of pain too. I would like to share my pain with your pain. We can share our pain together."** **I believe that if we are truly sincere in our prayers, God will answer them. I told you about Susan's communion prayers because Susan is sincere in her prayers.**

Susan grew up in San Francisco with her brother, Tom, and her sister, Katie. Her mother was very ill when Susan was young. Her dad was a heavy drinker. As a young child she had been raised to be the responsible one. She took care of her younger siblings. Even as adults Susan sent money to Tom for his expenses.

However, as years passed they drifted apart. Remnants of past injuries widened the gap between the three. There was little phone contact between the three of them. Susan did not know this, but the money she had **scraped together for Tom's expenses was being consumed by drink. Tom's alcoholism was destroying his heart and kidneys.** These organs had become fatally diseased. In 2001 their mother died. The relationships grew from bad to worse. Susan and Katie had lost what degree of trust that remained. She and Katie just **couldn't talk. Yet Susan still hoped that someday, somehow, she and Katie might become good sisters to one another again.** The hope was kept alive with prayer after Communion. She prayed Sunday after Sunday for reconciliation. It is said that God works in mysterious, even wild ways, but God is always faithful. **Of course Susan's prayers were answered, otherwise I wouldn't be writing this. How they were answered makes this story interesting.**

Something happened to Tom that changed everything. It was on around June 19th or 20th, 2008 when the social worker of Kaiser Hospital in San Francisco called Susan and informed her that Tom was in critical condition. **Tom had a cardiac arrest which resulted in a devastating fall from a bus. Katie had given Susan's phone number to the social worker, but Katie refused to participate in any of Tom's care. (I could note here, that Tom continually asked for Susan in the hospital. The hospital employees didn't know who Susan was and the city social services worker only knew of Katie after they found Katie's address in Tom's apartment.)** Tom was dying in the hospital of complications of his alcoholism. Susan, who was living in Milwaukee, left for San Francisco immediately to visit her dying brother. Katie also decided to visit Tom. Susan and Katie met while they were visiting their brother. The family started to come together. Tom on seeing his two sisters had a short recovery. He was moved from the hospital to a care center. The family had time to visit for six weeks until Tom died.

While visiting, Katie told Susan that she was also praying that the two sisters could share their lives. The two got to renew their sister friendship. Susan remembers the culture of her San Francisco childhood. She grew up in a church-going neighborhood. Today it is not. The culture there is more secular and Katie had **many questions about the Catholic teachings. Susan became Katie's mentor. Susan and Katie spent six weeks together while Tom struggled with death.** They spent time visiting on the phone after Susan got back from San Francisco. Katie died in April of 2015 from cancer.

(Continued on p. 4)

(Susan ...continued from p.3)

As Christians we place our hope in the dying and the rising. So when I asked Susan to describe Susan's resurrection in the life story between her and Katie, Susan took time to write the following:

"For six years we had spoken on the phone and enjoyed one short visit. To have my sister in my life had meant so much to me. When Katie's husband in tears, called to say she was dying from stage 4 lung cancer, I couldn't believe it. I walked around in circles in my house, filled with shock and grief. I dropped everything and flew to San Francisco. I spent six days visiting her in the hospital amidst her relatives and friends. There was very little time alone with her until my last day. She said, 'Susan, do you really believe everything we were taught about heaven?' Of course I was able to share with her my firm convictions, and the words Jesus taught, "In my house there are many mansions." I encouraged her to receive the Sacrament of the Dying and the Eucharist as often she could. I returned home, called her each day until the end. There is no describing the joy, I experienced with the 'Prodigal' sister relationship being restored. God's goodness to us was such a gift."

Susan's story helps me better appreciate the power of the Eucharist. Mary Queen of Heaven church is the church that Susan attends. Since I attend Immaculate Heart of Mary church I never met Susan until our three parishes started to join. After meeting Susan, I have greater insight of what is possible when I receive Holy Communion. As our three parishes are being joined into one community, I am being transformed into being a better Catholic by Tri-parish Catholics such as Susan. I hope to continue this transformation as we three parishes become the one community

John Donovan



Life
Lessons

LESSONS ON EMPATHY these short stories are all very good lessons and really make us think twice about the daily happenings in our lives as we deal with others.

1. Today, I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said, "Success is when you look back at your life and the memories make you smile."
2. Today, after my 72 hour shift at the fire station, a woman ran up to me at the grocery store and gave me a hug. When I tensed up, she realized I didn't recognize her. She let go with tears of joy in her eyes and the most sincere smile and said, "On 9-11-2001, you carried me out of the World Trade Center."
3. Today at 7 am, I woke up feeling ill, but decided I needed the money, so I went into work. At 3 pm, I got laid off. On my drive home, I got a flat tire. When I went into the trunk for the spare, it was flat, too. A man in a BMW pulled over, gave me a ride. We chatted and then he offered me a job. I start tomorrow.
4. Today, in the cutest voice, my 8 year old daughter asked me to start recycling. I chuckled and asked, "Why?" She replied, "So you can help me save the planet." I chuckled again and asked, "And why do you want to save the planet?" "Because that's where I keep all my stuff," she said.
5. Today, I was traveling in Kenya and met a refugee from Zimbabwe. He said he hadn't eaten anything in over 3 days and looked extremely skinny and unhealthy. Then my friend offered him the rest of the sandwich he was eating, The first thing the man said was, "We can share it."
6. Today, a boy in a wheelchair saw me desperately struggling on crutches with my broken leg and offered to carry my backpack and books for me. He helped me all the way across campus to my class and as he was leaving, he said, "I hope you feel better soon."

The best sermons are lived, not preached.

Do You Remember? Count the ones you do, not the ones you were told about. Ratings are at the bottom.

1. Blackjack Chewing gum
2. Wax coke shaped bottles with colored sugar water
3. Candy cigarettes
4. Soda pop machines that dispensed glass bottles
5. Coffee Shops or Diners with table side jukeboxes
6. Home milk delivery in glass bottles with cardboard stoppers
7. Party lines on telephone
8. Newsreels before the movie
9. P. F. Flyers
10. Butch wax
11. TV test pattern that came on at night after the last show and were there until TV shows started again in the morning. There were only 3 channels
12. Peashooters
13. 45 RPM records
14. Howdy Doody
15. S&H Green Stamps
16. HI-fi's
17. Metal ice trays with lever
18. Mimeograph paper
19. Blue flashbulbs
20. Packards
21. Cork popguns
22. Drive-ins
23. Studebakers
24. Washtub wringers
25. Roller skate key

If you remembered 0-5 = You are still young.
If you remembered 6—10 = You are getting older,
If you remembered 11-15 = **Don't tell your age!**
If you remembered 16-25 = **You're older than dirt!**

If you are older than dirt, those memories may be some of the best parts of your life!!!



"I don't remember a single school shooting when I was a kid. What I do remember is our teacher having us begin the day reciting the pledge of allegiance. We also had the Ten Commandments on the wall.

Maybe getting rid of those things wasn't such a good idea after all!"

*article found submitted by
Tim and Suzy Zeman*



We're called to be witnesses, not lawyers

How come when you mix water and flour together you get glue? And when you add eggs and sugar, you get cake? Where did the glue go? You know very well where it went! **That's what makes the cake stick to your butt!!!**



Some people are kind, polite and sweet-spirited until you try to sit in their pews.

*Happy moments, praise God
Difficult moments, seek God.
Quiet moments, worship God.
Painful moments, trust God.*

RECIPE CORNER



Lettuce, Bacon, Croutons, Onion & Swiss Cheese Salad *from Julie Mashall*

To one head of lettuce add the following:

Approximately 1 lb. bacon (cut into small pieces, fried and drained on paper towels)

Croutons (enough to soak up bacon grease ;eft in pan and drain with the bacon)

While bacon and croutons are draining, add about 1/2 medium onion cut into thin rings and Swiss Cheese cut into thin strips. (If you are taking this elsewhere, or serving later, you may want to mix this part up ahead of time.)

Just before serving, spoon in Miracle Whip Dressing (or mayonnaise if you prefer) in an amount to your taste. Then toss with bacon and croutons. Be careful not to start with too much salad dressing or it may get too soggy.

HERE'S A BONUS RECIPE FOR *Easy Baked Beans* *from Forks over Knives* *by Del Sroufe*

Makes about 4 cups. Ready in 1 hour and 20 minutes

2 cans (15 oz. each) pinto beans, rinsed and drained

2 cups Del's basic barbecue sauce (recipe follows)

When homemade barbecue sauce is in the refrigerator, this dish can be brought together in minutes. The barbecue sauce is what makes this dish, so if you don't have time to make it at home, make sure to use a great-tasting, low sodium sauce in its place. Serve with roasted or grilled vegetables for a colorful and delicious meal.

1. Pre-heat oven to 325 degrees.
2. Combine the pinto beans and barbecue sauce in a large bowl and mix well. Transfer to an 8 x 8 inch casserole dish.
3. Bake, uncovered for 1 hour. Let stand for 3 minutes before serving.



Del's Basic Barbecue Sauce

Makes about 2 3/4 cups

1 medium onion, minced

1 clove garlic, minced

3 cups tomato sauce

1/4 cup apple cider vinegar

3 Tbs. Worcestershire sauce or

2 Tbs. low sodium soy sauce

2 Tbsp. pure maple syrup

2 Tbsp. unsulphured molasses

3 Tbsp. Prepared yellow mustard

Freshly ground black pepper

Barbecue sauce is not just for pork or chicken. It's good in baked beans and sloppy joes and even as a sauce for grilled Portobello mushrooms

1. Sautee the onions in a large sauce pan over medium heat, stirring occasionally for 7—8 minutes until they start to turn brown and translucent. Add water 1 or 2 Tbsp. at a time as needed to keep the onions from sticking to the pan. Add the garlic and cook for 1 minute more.
2. Stir in the tomato sauce, maple syrup, molasses, mustard, pepper to taste and 1 cup of water and bring to a boil over high heat. Reduce the heat to low and simmer stirring often to prevent scorching for about 45 minutes until thickened. Taste and adjust the seasoning. If desired, transfer to a blender and puree until smooth.



KID'S KORNER

One Easter Sunday morning as the minister was preaching the children's Sermon, he reached into his bag of props and pulled out an egg. He pointed at the egg and asked the children, "What's in here?" "I know!" a little boy exclaimed. "Pantyhose."



Little Johnny asked his grandma how old she was. Grandma answered, "39 and holding." Johnny thought for a moment and then said, "And how old would you be if you let go?"



It was Palm Sunday and because of a sore throat, five year old Johnny stayed home from church with a sitter. When the family returned home they were carrying Palm branches. The boy asked what they were for. "people held them over Jesus as He walked by." "Wouldn't you know it." the boy fumed, "The one Sunday I don't go and He shows up!"

SENIOR'S SPOT



Did you know.....? **That the Milwaukee County Department on Aging** has a Senior Dining Program???

We have a site at St. Al's. This is for anyone 60+and their spouse You need to get a diner's card and you can register at the senior dining site between 9:30—11:15 am . You need to provide your name, address, proof of age and answer some nutrition related questions. You need the card to reserve a meal one day in advance which you can do at the site or by phone 414-289-6995. A suggested donation of \$2.50 is the cost. Menus are available in the Wednesday Journal Sentinel Food Section, in community newspapers, on the internet at www.county.milwaukee.gov/Aging and at all dining sites of which there are many. Lunch is served at 11:30 am Monday through Friday.

Celebrating



Happy Anniversary to
Tony and Christine Keil
June 2, 1956





The Mysteries of Light

Pope John Paul II in October 2002 gave us five new Mysteries of the Rosary. With the eyes and heart of Mary we follow Jesus, our Light, through his public life. The Pope suggests the *Mysteries of Light* be prayed on Thursdays.

1. The baptism of Jesus in the Jordan
2. The Wedding feast of Cana
3. The proclamation of the Kingdom of God/the call to conversion
4. The transfiguration of Jesus
5. The first Eucharist

Joyful Mysteries (Monday and Saturday)

1. The annunciation to Mary by the Angel
2. The visitation of Mary to Elizabeth
3. The Nativity of Jesus
4. The presentation of Jesus in the Temple
5. The finding of the Child Jesus in the Temple

Sorrowful Mysteries (Tuesday and Fridays)

1. The agony of Jesus in the garden
2. The scourging of Jesus at the pillar
3. The crowning with thorns
4. The carrying of the cross
5. The crucifixion and death of Jesus

Glorious Mysteries (Sunday and Wednesday)

1. The resurrection of Jesus
2. The ascension of Jesus into heaven
3. The coming of the Holy Spirit
4. The assumption of Mary into heaven



BETHANY HOUSE

What is it? Where is it? Questions asked sometimes when we say we will meet in *Bethany House*. 1st the *What . . .* a number of years ago it was called the Nunnery, or where the nuns lived when teaching school at IHM. 2nd—the . . . It is the building on the south end of the IHM parking lot.

A little history . . . After IHM School closed , the nuns left. Then for a while it became home of Laotian refugees. St. Vincent De Paul food pantry operates distributing food on Wednesdays and Saturdays to the needy.

The Women's Ministry Has quite a long history in the building. In the 90's we had 3 small rooms upstairs to do our planning for our luncheon and festival. Then we moved to the front room upstairs until the Rectory fire when the room became Fr. Karl's office. We moved again—this time the Kitchen and dining room area until the Veteran's group moved in and we moved into the library/living room. Now we use the library for our crafts and meeting room and what was the dining room is now a living room and we also have the use of the kitchen and pantry.

The building fell into some dis-repair , so a couple of years ago, the roof was fixed (no more leaks). Also at the same time, windows were installed along the side facing the parking lot - all paid by the parish.

The Women's ministry decided to help out, so we offered to buy windows for the middle room and kitchen. We also paid for a new door and window set for the entrance to the food pantry

Bethany house is now a lot warmer and more inviting since we also paid to have the rooms on the 1st floor painted. Fr. Karl and Fr. Jeff have given us furniture and we bought an area rug for the living room.

Several groups now use this room for meetings—Loomers, Book Club, Prayer Shawl to name a few and the Baby Ministry uses a few rooms on the 2nd floor. Maybe Bethany House might be just the place for your **group's meeting.**

We invite you to come and visit. We are there most Wednesday mornings.

Mary Margaret Marshall

